

2017 Annual Report

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Dear Friends and Supporters,

If you take a moment to reflect on 2017, the media headlines were full of stories about the #MeToo movement, Bill Cosby, the Turpin family in California and the years of ongoing abuse that went uninvestigated by USA Gymnastics. While it is disturbing to hear so many of these heartbreaking stories on the news night after night, it is a positive sign. People are finally feeling empowered and being encouraged to speak up, have their voices heard and their painful stories shared. Many do this in the hopes of finding justice but also believe that it may help someone else recognize that they too need to speak up and find help. Child abuse prevention is our mission, but the first step is getting the public to understand that this is happening in every community, whether you hear about it in the news or not. In fact, many of the headlines that continue to grab our attention are 'so surprising' because it is seemingly people who you would 'never expect to do something like that.' And the victims had a common theme to their stories "I didn't think anyone would believe me, everyone has such deep respect for Mr. XYZ." Most of the people who spoke up within the past year are now young adults or even their 30's and beyond. Can you imagine how difficult it would be to tell that same story if you were still in elementary school? And it was your beloved parent/ aunt/ coach that was abusing you? Or even just to figure out who you could trust to tell to about what is happening to you? It is not easy.

Since 1973, the Center for the Prevention of Child Abuse has been devoted to getting that critical message out to the children of our community. Our organization has been through many changes during that time, but two key things are consistent: the need to educate children about personal safety is unrelenting but so is the dedication of our volunteers and staff to keep that message moving forward.

To the volunteers, supporters and community members who stand by our side, willing to help and do whatever it takes to keep our mission of ending child abuse front and center – Thank You! I hope that we may we utilize the increase in public awareness to leap forward and make child abuse in our community a thing of the past. Thank you for being part of the solution.

Warm regards,

Jennifer Selander
Chair, Board of Directors

Dear Friends of The CPCA,

In 2017, many people became aware of the urgency of the battle our team is fighting every day.

Larry Nassar stood trial for sexual assault.

The #MeToo movement gained traction.

13 starving siblings were being held captive in a California house.

Mainstream media has told the stories of child abuse; given sexual assault victims a voice, and brought awareness to the dire need for more people who "see something" to "say something". Time and time again, we heard a family member didn't believe a child; or a neighbor "thought something was off". What if those people – or just one of them – reached out to help?

This year, alone, our Child Advocacy Center has investigated 648 incidences of child sexual assault or severe physical abuse. While this number may be staggering, research has shown us that for every 1,000 children who are sexually abused, **only one** will disclose before adulthood.

Meanwhile, our fight against child sexual assault and abuse continues. Contained within this report, you will see that our programs provide constant education, support, and guidance to thousands of children and families each year. We are also a source of information and referrals for our entire community when asked "What do I do if I think someone's being abused?"

We ask that you please join us in our fight against child sexual assault and abuse. No child deserves to be abused or neglected; all it takes is for **only one** person to be their hero to change that child's entire life.

If you suspect a child is being abused, please call The Statewide Central Register of Child Abuse and Maltreatment: 1-800-342-3720. If you believe that a child is in immediate danger, call 9-1-1.

Very truly yours,

Kimberly E. Kochem, MPA
Executive Director

Child Abuse Prevention Center, Inc.

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Christina Tuttle, Program Coordinator

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Gwendolyn Outlar Davis, Program Director	Caitlin Quinion, TPP Prog. Coord.
Annie Lebron, Bilingual Educator	Jennyfer Cruz-Bernave, Bilingual Case Manager

2017 Program Volunteers (PSP)

Pam Algier
Linda Clark
Dr. Lenore Maroney
Patti Nickel
Barbara O'Dea

2017 PROGRAMS

Personal Safety Program (PSP)

The Personal Safety Program is a free program for Dutchess County schools that provides in-class presentations about sexual abuse prevention to children Pre-K to 5th grade. The program uses age-appropriate presentations to teach children to use their voice and speak out against their abuser. This lesson is considered a "just in case" lesson, similar to how students view fire drills. Just in case something bad happens, the student will know what to do to protect themselves. The program is offered once a year and students learn what to do if someone made them feel uncomfortable and broke the personal safety rules. We also serviced a couple school in Ulster County.

In 2017, Dutchess County: we served 14,168 children, 1,439 teachers.

Ulster County: we served 563 children and 62 teachers.

Special Needs Parenting Program (SNPP)

Offers intensive case management to pregnant or parenting individuals with an intellectual deficit. Structured parenting classes are hosted on a weekly basis, which is supplemented by two hours of in-home case management, where lessons are reinforced. Case managers also provide support at court appearances, doctor's visits, and other appointments as needed. Working together to achieve individualized goal plans, our Special Needs Parenting Program supports parents in attaining self-sufficiency.

In 2017, we provided 945 home visits to 56 parents with 86 children including 24 Training-Supervised Visitation with children in foster care working towards reunification.

Parent Empowerment Program (PEP)

The Parent Empowerment Program is a 21-week support and education program open to parents who live or work in Dutchess County. Each week, we present a parenting topic and open discussion among group members as to how this topic affects their children, what struggles parents' face, and what alternatives they can try at home in order to improve their relationships with their children. We focus heavily on developing empathy, communication skills, positive and effective disciplinary techniques, building self-esteem, and how parenting has changed in our modern society. We also discuss how parents were parented themselves and how that has shaped their parenting style today. Parents are asked to consider the impact their own personal history, their cultural background, and the location where they live has on their parenting philosophies.

In 2017, 1,596 parents with 2,455 children were served indirectly.

Teen Parenting Program (TPP)

Teen Parenting is a confidential case management program designed to build parenting skills for pregnant or parenting youth 13-21 in Dutchess County. We provide case management for our clients tailored to their individual needs while focusing on self-sufficiency through goal setting for their education, employment, and parenting. Our program provides pregnancy prevention in local high schools through peer discussion groups and fosters a nurturing environment for any teen that is pregnant and looking for support.

In 2017, 70 teens and 73 children were served, 410 home visits, 35 in-house group classes, and 18 group/parenting sessions in the Children's Home ("Mommy and Me" Group) were performed.

Community Education (CE)

Educators provide trainings and education to schools and groups in our community. Participants gain information on preventing, identifying and reporting suspected abuse and neglect. Staff can design a presentation(s) that fit the needs of a variety of interested groups or organizations.

Mandated Reporter Training

In New York State, certain professionals and paraprofessionals are legally required to report any suspicion of child abuse or neglect. This training will help you meet that standard. Mandated Reporters are legally bound to make the call and submit follow-up information. All reports of child abuse or neglect should be made immediately – any time, any day – by phone to the State Central Registry of Child Abuse and Maltreatment. A mandated reporter is a person who, because of his or her profession, is legally required to report any suspicion of child abuse or neglect to the relevant authorities. These laws are in place to prevent children from being abused and to end any possible abuse or neglect at the earliest possible stage.

In 2017, 43 people were served.

Internship Program

We work with area colleges to have students do internships at the agency. They become acquainted with human services, the mission of child abuse prevention, and various agency programs and offer us fresh and new ideas to incorporate into our work as well.

In 2017, we provided internships for students attending Adelphi University School of Social Work, Marist College, Dutchess Community College, Western Connecticut State University, Southern New Hampshire University, SUNY New Paltz, and SUNY Oneonta.

CHILD ADVOCACY CENTER

Child Advocacy Center (CAC)

The Child Advocacy Center is a child friendly facility that is the first of its kind in New York State. The CAC brings co-located child protective service workers, law enforcement officers and other service providers together, under one roof, to meet the needs of child victims and their families while undergoing severe physical or sexual abuse investigations. In the past, children were interviewed in police stations and it was necessary for them to repeat their stories multiple times causing them further trauma. At our facility, we provide a comfortable and supportive environment, complete with snacks and a stuffed toy to hold close for comfort. Our on-site medical room alleviates the need for non-emergency medical exams so that children are not further traumatized by having to visit an emergency room. The CAC operates with the guidance of a multidisciplinary team with representation from each Dutchess County public and private agency involved in dealing with child sexual abuse, the most severe physical abuse and neglect and all child fatalities. This coordinated response reduces trauma to the child victim and enhances prosecution.

Multidisciplinary Team (MDT)

The team includes social services, law enforcement, prosecutorial, mental health, victim advocacy, and medical professionals. Specific case reviews ensure the needs of the child and family are met following the investigative phase of a child abuse report. Additionally, the team works to ensure a positive legal outcome for the treatment or prosecution of perpetrators.

In 2017, 648 unduplicated children, were served by the CAC Team.

We gratefully acknowledge our operational funding sources:

The Community Foundations of the Hudson Valley

Dutchess County Department of Community and Family Services (DCFS)

Dutchess County Department of Planning and Development

Dutchess County Agency Partners

The Dyson Foundation

Grace Smith House

New York State Children's Alliance

NYS Office of Children and Family Services

Taconic Developmental Disabilities Service Office

The United Way of the Dutchess-Orange Region

NYS Office for People with Developmental Disabilities

Safe Harbor

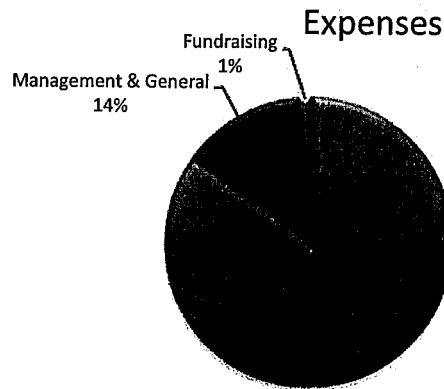
M&T Foundation

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Child Abuse Prevention Center, Inc & Affiliate
 3 YEAR ANALYTICAL
 AS OF 12/31/17

	12/31/2015	12/31/2016	12/31/2017
Total revenue:	\$ 1,153,296	\$ 1,420,901	\$ 1,123,576
Total expenses (excluding loss on disposal of fixed assets):	\$ 1,282,770	\$ 1,398,119	\$ 1,113,826
Change in net assets from operations**:	\$ (129,474)	\$ 22,782	\$ 9,750
Salaries Expense	611,947	689,180	580,019
Salary as % of Total exp	48%	49%	52%
Payroll Taxes & Benefits	125,398	133,825	146,240
Fringe Benefit Ratio	20%	19%	25%
Program Expenses	1,147,842	1,258,216	942,505
Program Expense Ratio	89%	90%	85%
Cash	50,852	187,416	165,941
Less: Liabilities & TRNA	(562,903)	(385,423)	(153,604)
Total Liquid Assets	(512,051)	(198,007)	12,337
Monthly Expenses	106,898	116,510	92,819
Months of Reserves	(5)	(2)	0



Program	\$942,505
Management & General	155,317
Fundraising	16,004

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